



SABIC INAS European Athletics Championships
Bergen op Zoom - the Netherlands



For para-athletes with
an intellectual disability



SABIC INAS European Athletics Championships
Bergen op Zoom - the Netherlands

12th – 15th of June 2014



For para-athletes with
an intellectual disability



The SABIC INAS European Athletic Championships 2014 are hosted by SPADO Athletics

PB 184, 4600 AD Bergen op Zoom

www.7thinasec.com

info@7thinasec.com



Dates

12th – 15th of June 2014

Location

Bergen op Zoom, The Netherlands

Competition venue

The competition and the training will be held at Sportpark Rozenoord.

The stadium is located just 2 km from the city centre of Bergen op Zoom and the accommodations.

Address:

Beukenlaan 16

NL-4624 AE, Bergen op Zoom, The Netherlands

Tel: +31-164-256072

Accommodation

Hotel Tulip INN: 3 stars

Antwerpsestraat 56

4611 AR Bergen op Zoom, tel +31 164 265 265

Capacity: 45 persons; 20 Double rooms / 5 Single rooms

www.tulipinnbergenopzoom.nl

Fletcherhotel: 4 stars

Gertrudisboulevard 200

4615 MA Bergen op Zoom, tel +31 164 260 303

Capacity: 100 persons; 50 Double rooms

www.fletcherstadsparkhotel.nl

Stayokay Bergen op Zoom: Youth Hostel

Boslustweg 1

4624 RB Bergen op Zoom, tel +31 164 233 261

Capacity: 112 persons (Group rooms for 5 (8 rooms), 6 (8 rooms) or 8 persons (3 rooms))

www.stayokay.com/Bergen-op-Zoom

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Meals

Meals will be served at the hotel and sportpark, beginning with dinner on arrival day and ending with breakfast on departure day.

Important dates

01 November 2013 1st Entry (Entry by numbers)
01 March 2014 Final Entry (Entry by names)

OPEN SABIC INAS European Championships Secretariat

Address: PO-Box 184, NL-4600 AD Bergen op Zoom, The Netherlands
Att. Mrs Jacqueline van de Werfhorst
E-mail: TIC@7thinasec.com
Website: www.7thinasec.com

Provisional Program

Wednesday 11th June

Arrival of delegations

Thursday 12th June

Training, Technical meeting, accreditation
Opening ceremony, Competition Shot put (in the evening at Grote Markt (town centre))

Friday - Sunday 13th -15th June

Competition days:

Date	Male	Female
Friday	100 m; 400 m (1R); 400 mH; 1500 m; Longjump; Discus; Hephthalon (day 1)	100 m; 400 m (1R); 400 mH; 1500 m; Longjump; Discus; Hephthalon (day 1)
Saturday	4x100 m; 400 m (F); 3.000 m St; 10.000 m; Pole Vault; Hammer; Walk 5.000 m; Hephthalon (day 2);	4x100 m; 400 m (F); 3.000 m; Triple jump; Pole Vault; Hammer; Walk 5.000 m; Hephthalon (day 2)
Sunday	200 m; 800 m; 5.000 m; 110 mH; 4x400 m; High jump; Triple Jump; Javelin;	200 m; 800 m; 5.000 m; 100 mH; 4x400 m; High jump; Javelin;

At Saturday there will be a national competition as side event, without classification and without limits. All T/F-20-athletes can participate in this competition.

Closing ceremony on Sunday

Monday 16th June

Departure of delegations

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Entry fee

20% of the entry fee shall be paid together with the 1st entry and the remaining amount together with the final entry.

The price per person for the whole stay including:

- accommodation (sharing in double rooms and in some cases triple rooms or single rooms)
- meals (from dinner on arrival to breakfast of departure day)
- local transports (hotel-competition/training venue)
- INAS capitation fee is – € 25,00 a person

Hotel: € 535,00 a person for double-user room.

Additional fee € 125,00 a person for single-user room.

Youth Hostel: € 435,00 a person for multi-user room. (6-8 persons)

Note: Limited amount of rooms available, addition is based upon registration order.

Cost for additional days: € 100,00 EURO a day & person

Payment

Bank: Rabobank

Bank address: Jacob Obrechtlaan 1, Bergen op Zoom, The Netherlands

Account name: AV Spado Bergen op Zoom, The Netherlands

Address: PO-Box 184, NL-4600 AD Bergen op Zoom, The Netherlands

BIC: RABONL2U

Account number - IBAN: NL48RABO0106107879

Reference: INAS European Championships 2014

Excl. Bank fee

Medical service

Sports medical staff will be present during each day of the competition.

Health care

It is necessary for all participants to have contributory insurance cover.

Language

Materials/information will be available in English.

Translators will be provided.

Ceremony material

Please bring:

- 4 National Flags (size: 225 x 150 cm) (3 for ceremony, 1 for stage setting) Non-European countries: 1 flag.
- 1 CD with National Anthem (Short version'). Non-European countries: no National Anthem required.

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Sports rules and regulation

According to rules of IAAF – International Amateur Athletics Federation – and INAS.

Athlete Eligibility

All athletes entering the event must appear on the INAS Classification Master List no later than the final entry deadline. Applications for new athletes must be submitted to INAS as soon as possible. Athletes who do not meet the qualifying criteria or do not appear on the INAS Classification Master List are not eligible for this event.

There is no 'guest' entry.

Sports classification

At this time, it is not proposed to include a sports classification service at this event. If this becomes necessary however, then this may incur an additional fee for those athletes seeking classification.

Doping control

During this event, there will be doping control.

Any athlete requiring a Therapeutic Use Exemption (TUE) has to send an TUE applications to the Inas Anti-Doping Committee NO LESS THAN 21 DAYS BEFORE COMPETITION. It is advisable to apply sooner where possible. TUE applications will be managed by Dr Bahman Zand (Iran) and should be sent to him at antidoping@inas.org

TUE's are granted for a specific medication with a defined dosage. They are also granted for a specific period of time and do expire. The athlete needs to comply with all the treatment conditions outlined in the TUE Application.

For the latest information, check Inas website: <http://www.inas.org/technical/anti-doping-policy/>

Accreditation

Accreditation cards will be issued to each athlete only after he/she has personally shown his/her valid passport to the Event Eligibility Officer. Accreditation will also be provided to staff and other officials on registration, with passport and two passport photos.

Competition venue

The competition and the training will be held at Sportpark Rozenoord.

The stadium is approved by international standards for competitions.

There are 8 lane sprintracks and 6 lane tracks

Double run ups for long jump and triple jump

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Events list and suggestion of qualification standards:

EVENT	MEN	WOMEN
100m	12.20	14.60
200m	24.50	32.50
400m	55.20	1.14.00
800m	2.10.00	2.45.00
1.500m	4.25.00	6.00.00
3.000m	----	14.00.00
5.000m	17.30.00	Open
10.000m	Open	----
100m Hurdles (0.84)	----	Open
110m Hurdles (0.91)	Open	----
400m Hurdles (0.76)	----	Open
400m Hurdles (0.84)	Open	----
3.000m Steeplechase	Open	----
5.000m Walk Race	Open	Open
High Jump	1,60m	1,20m
Long Jump	5,80m	4,20m
Triple Jump	10,50m	Open
Pole Vault	Open	Open
Shot Put	9,90m	8,20m
Discus	25,00m	16,00m
Javelin	35,00m	18,00m
Hammer	Open	Open
4 x 100m Relay	1 team per country	1 team per country
4 x 400m Relay	1 team per country	1 team per country
Heptathlon	Open	Open

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Team Competition Format

According to the INAS guidelines and in order to encourage nations to participate, the European Championship will have individual and team competition per sex (male and female). In the Team Competition each competing nation only is classified one (1) athlete per event (the best classified in the individual competition). Only nations with a minimum of 3 participant's athletes per sex are eligible to participate in the Team Competition of this sex (male or female).

The classification system for Team Competition is:

- n points for 1st classified;
- n-1 points for 2nd classified;
- n-2 points for 3rd classified, and so on for other places.

(n) is the number of nations eligible for participation in the Team Competition per sex.

Example: Male Competition 12 participating countries

1st 12 points
2nd 11 points
3rd 10 points
...
12th 1 point

More information will be available on the website: www.7thinasec.com



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1st Entry Form

	Female	Male	Totally
Number of team leaders			
Number of athletes			
Totally			

INAS member nation:

Stamp:

Contact person:

Address:

Signature:

E-mail:

Phone/Cell phone:

Accommodation preference:

Amount of

Hotel

Double room

.....

Single room

.....

Youth hostel

5-person room

.....

6-person room

.....

8-person room

.....

Note: Limited amount of rooms for the Youth Hostel are available, addition is based upon registration order.

Observe!

20% of the entry fee shall be paid together with the 1st entry and the remaining amount together with the final entry. The entry fee shall be paid to:

Bank: Rabobank

Bank address: Jacob Obrechtlaan 1, Bergen op Zoom, The Netherlands

Account name: AV Spado Bergen op Zoom, The Netherlands

Address: PO-Box 184, NL-4600 AD Bergen op Zoom, The Netherlands

BIC: RABONL2U

Account number - IBAN: NL48RABO0106107879

Reference: INAS European Championships 2014

Please return this form to Mrs Jacqueline van de Werfhorst before 01 November 2013

Email: TIC@7thinasec.com

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Final Entry

Delegation Form

Stamp

Signature

COUNTRY:		
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Team Manager/Staff/Coaches

Family Name	Given Name	Gender(F/M)	Official Position

Athletes

Family Name	Given Name	Date of Birth (Day/Month/Year)	Gender (F/M)	INAS registration

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Entry by Name Form - Athlete

Delegation Form

Stamp

Signature

COUNTRY:		
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ENTRY BY NAME

Please attach passport size photograph	Please attach passport size photograph
--	--

Family name:

Given Name:

Passport No:

Special Dietary Requirements (gluten, lactose, etc.):

Event	Gender	Qualifying (Performance)	Place & Date

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Entry by Name Form - Official

Delegation Form

Stamp

Signature

COUNTRY:		
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ENTRY BY NAME

Please attach passport size photograph	Please attach passport size photograph
--	--

Family name:

Given Name:

Passport No:

Special Dietary Requirements (gluten, lactose, etc.):

POSITION

- Head of delegation
- Team Official
- Coach
- Care Staff
- Doctor
- Physiotherapist

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Arrival / Departure

Delegation Form

Stamp

Signature

COUNTRY:		
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Transport

Arrival

	Date	Time	Flight No.	Place of Arrival	Arrival from
Air					

Departure

	Date	Time	Flight No.	Place of Departure	Departure from
Air					

Please note: Transportation between the train station in Bergen op Zoom, the accommodation venue and stadium will be organized for all teams by busses.

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Finance Form

ORGANISATION

Country:	Country Code:
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Payment:

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Address: PO-Box 184, NL-4600 AD Bergen op Zoom, The Netherlands
BIC: RABONL2U
Account number - IBAN: NL48RABO0106107879
Reference: INAS European Championships 2014

Shared Accommodation: € Euro per person

#People		x	€	=	€
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Additional nights: € Euro per person

#People		x	€	=	€
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TOTAL Euro

TOTAL

€

Signature:

Stamp:

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Accommodation form

Delegation Form

Stamp

Signature

COUNTRY:		
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Family Name	Given Name	shares a room with	Family Name	Given Name

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Wouw - Zoomvliet

