



inas

Annual Report 2018



Welcome

2018 offered an opportunity to build on and take advantage of the governance changes we implemented in the previous year, and it did not disappoint. We finished the year with more members, more athletes, more volunteers, more events and more sports than ever before. And we didn't just improve the quantity of what we do, but also the quality, ensuring a positive experience for our athletes and supporters.

2018 began with the World Alpine and Nordic Ski Championships – an important event as later in the year we established a partnership with World Para Nordic Skiing to establish a series of training and competition opportunities with the eventual aim of inclusion in the Winter Paralympic Games programme.

The highlight of the competition programme came in July however when colleagues from INAS Europe hosted the 1st INAS European Summer Games – a multi-sport regional championships attended by more than 400 athletes. The event also saw the 1st INAS Sport & Regions Council meeting held – an important opportunity for our various committees and regional members to come together to review, share and plan.

Away from competition, we welcomed new members to our family and saw more athletes than in any previous year register for competition. We saw new projects to promote sport for women and girls with an intellectual impairment – and most importantly, an expansion of our trial project to increase the eligibility groups in INAS competition.

As always, I would like to thank all member organisations, committee members, fellow Governing Board members, staff and volunteers for all their efforts and support over the year. INAS is a family and it needs all parts of that family to come together towards our shared vision.

I am very proud to lead INAS as we work towards our goals. Please enjoy this review of our achievements and activities in 2018, and I look forward to seeing you at a competition in the year ahead.

Marc Truffaut, INAS President



About INAS

Founded in 1986, INAS is the International Federation for Athletes with Intellectual Impairments. It is a member of the Paralympic family and is responsible for the management of the INAS Global Games and world and regional Championships in Paralympic and non-Paralympic sports for athletes with an intellectual impairment.

Our vision is that athletes with an intellectual impairment across the world have the opportunity to achieve excellence in sport and high-level competition

The INAS membership comprises more than 80 nations, two International Federations and the INAS regions. We receive no government or sports lottery support and so each year must raise all the funds required to meet the ever-growing need for support and development.

INAS changes attitudes, creates opportunities and develops pathways in sport to ensure that athletes with an intellectual impairment can progress to elite competition and perform at the highest possible level.

Often the costs of maintaining the organisation are, by necessity, passed onto our member organisations, and too often, onto the athletes themselves.

INAS benefits from a large team of international volunteers - sports experts, psychologists, anti-doping and medical professionals, sports managers and administrators - all of whom have a passion and commitment for ensuring athletes with an intellectual impairment can compete at the highest possible level and be the best that they can be.

The organisation is led by its Governing Board and supported by a number of sub-committees covering each sport, eligibility, medical and anti-doping specialisms.

Delivery of our strategic objectives and achievements

The INAS Strategic Plan 2017-2020 guides our day to day activities. It sets out five key objectives that drive and shape our work, and here are some of the accomplishments in 2018.

To increase eligible classes to create fairer and more equitable competition	To be a global organisation	To deliver excellence in sport	To be the global leader in athlete eligibility	To increase income
<ul style="list-style-type: none"> • INAS expanded I12 and I13 competition to include skiing, athletics, swimming, table tennis – more than 100 athletes registered for competition in these groups – and we continued to develop a robust assessment criteria for I12 athletes • We began a two-year project to investigate and understand the impact of Adaptive Behavior on sport performance, run jointly with the Paralympic research centre in Leuven • The I12 group was elevated to full-medal status in preparation for the 2019 Global Games in Athletics, Swimming, Table Tennis and Tennis 	<ul style="list-style-type: none"> • INAS increased its membership to 81 nations and 2 international federations • INAS Africa was formally launched and became the first Region member of INAS • INAS delivered an extensive project to promote women and girls with an intellectual impairment in sport, training 20 people to use social media • We worked with partners across Europe as part of an ERASMUS funded project to grow awareness and provision for sport for people with an intellectual impairment 	<ul style="list-style-type: none"> • INAS updated its policies and procedures following the governance changes agreed in 2017 • A new Sport & Regions Council was launched to help plan and develop our sport and competition programme • The search for the 2023 INAS Global Games hosts was launched – providing the longest lead-in time to any games yet • More than 700 athletes competed in a program of 13 INAS World and Regional Championships • INAS sanctioned more national events than ever before, including athletics, swimming, judo, taekwondo and tennis 	<ul style="list-style-type: none"> • INAS processed more than 600 new eligibility applications for athletes with an intellectual impairment • We expanded the INAS Eligibility panel to more than 32 psychologists covering all 5 continents • We delivered the 2nd Eligibility Conference to review and plan strategy around athlete eligibility over the coming years, receive feedback and evaluate the process, and plan the continued implementation of additional eligibility groups (I12 & I13) • INAS launched an expert group to guide and inform our work to support more athletes with high-functioning autism 	<ul style="list-style-type: none"> • Income generation remains the hardest task facing INAS although in this year we were delighted to receive small grants from several trusts, the International Paralympic Committee (for a classification project) and the Agitos Foundation (to support a women & girls project) • We substantially increased website and social media reach to more than 1.2m people • Our Youtube channel grew significantly with the livestream of the INAS World Football Championships • We published a monthly newsletter to keep members and supporters aware of activities and news



Supporting INAS

As a not-for-profit organisation, INAS is entirely reliant on the income it receives from membership fees, fundraising and voluntary donations to promote sport for athletes with an intellectual impairment.

Regular and one-off donations

You can help athletes to achieve their dreams and show generations of young athletes, their families, and the world that an intellectual impairment is no barrier to sporting excellence by making a monthly or one-off donation through the INAS website.

A monthly donation is one of the best ways to support the organisation, as it allows us to plan ahead and know that we can support projects through to their successful conclusion.

Simply visit www.inas.org/support-us or use the attached form.

Leaving a legacy

By remembering INAS in your will you can help the organisation deliver new projects and support more athletes around the world.

To remember INAS in your will, we would always recommend that you seek the advice of a professional will writer or solicitor, and you can find a helpful guide on the INAS website.

Corporate sponsorship

We offer a range of tailored opportunities giving you a chance to reach a global audience, for staff to become involved in activities and volunteering, or for donating services and in-kind benefits. For sponsorship opportunities, please contact us on +44 845 600 9890.



Finance

Statement of Financial Activity	2018		2017	
	\$US	£GB	\$US	£GB
Income				2017
Fees	110125	86305	75212	55713
Events & Projects	112814	88412	83962	62194
Grants & Donations	6307	4943	52029	38540
Other (including bank interest)	4626	3625	941	697
Total	233872	183285	212144	157144
Expenditure				
Governing Board Costs	2800	2194	4793	3550
Committee Costs	893	700	590	437
Development Activities and Project Costs	48933	38349	47706	35338
Promotion	569	446	408	302
Fundraising	147	115	3268	2421
Memberships	634	497	629	466
Office Costs & Administration	1503	1178	4456	3301
Staffing Costs	92542	72525	91521	67793
Staff Travel	2177	1706	779	577
Insurance	4786	3751	5085	3767
Bank, Financial & Management Charges	-1795	-1407	4199	3110
Depreciation	718	563	-	-
Other	465	364	1559	1154
Total	154142	120801	164993	122216
Difference	79730	62484	47151	34928
Deferred grant income	-33906	-26572	-41409	-30673
Closing Balance	190277	149120	152831	113208
Balance Sheet				
Assets				
Fixed Assets	3265	2559	2934	2173
Cash and bank balances	221640	173699	133785	99100
Debtors & Prepayments	19657	15405	88987	65916
Total	244562	191663	225706	167189
Liabilities				
Creditors and accruals	20379	15971	31466	23308
Deferred grant income	33906	26572	41409	30673
Net Assets	190277	149120	152831	113208
Breakdown of Funds				
Unrestricted Funds	175350	137422	152585	113026
Restricted Funds	14927	11698	246	182
Total	190277	149120	152831	113208

INAS Governing Board, committees and staff structure (as at 31.12.2018)

INAS Governing Board

President – Marc Truffaut (FRA)
Vice President - Robyn Smith (AUS)
Secretary General - Barry Holman (USA)
Member at Large – Linnea Bjorndahl (SWE)
Member at Large – Fausto Pereira (POR)
Member at Large – Amal Mobada (EGY)
Member at Large – Emma De La Garcia (MEX)
Member at Large – Patrick Chan (HKG)
Member at Large - Paul Charnvit (THA)
Co-opted Member - Prof. Jan Burns MBE (GBR)

INAS Management Team

Executive Director - Nick Parr
Communications & Marketing Manager – Lucy Dominy

INAS Anti-Doping Committee

Chairperson - Trudi Jackson (USA)
Robyn Smith (Governing Board)
Dr Bahman Zand (IRA)
Andrea Jacusiel (BRA)
Matsontso Mathebula (RSA)
Juliana Soares (BRA)
Moni Wekesa (KEN)
Justin Lessard (CAN)

INAS Finance Committee

Chairperson - Karon Nicol (Treasurer)
Paul Charnvit (Governing Board)
Rob Peak (AUS)

INAS Fundraising & Marketing Board

Antony Davies (GBR)
Kevin Elliott (GBR)
Mark Smith (GBR)
Andy Wright (GBR)
Karon Nicol (GBR)

INAS Global Games Committee

Chairperson – Barry Holman (Governing Board)
Rui Marques (BRA)
Gemma Nunnerley (GBR)
Patrick Chan (Governing Board)
Dave Harman (ECU)

INAS Legal Advisor

Asha Antony (RSA)

INAS Eligibility Committee

Chairperson - Prof Jan Burns MBE (Governing Board)
Catherine Fayollet (FRA)
Kirsten Van Heerden (RSA)
Mohammad Vaez (IRA)
Oili Sauna Aho (FIN)

INAS Eligibility Panel

Linda Chen (CHT), Daniele Parker (GBR), David Eley (GBR), Dr. Michelle Gilpin (CAN), Helen Glossop (GBR), Peter Baker (GBR), Jennifer Maris (GBR), Jo Mueller (GBR), Jo Webber (GBR), Kate Ferrara (GBR), Kyongmee Chung (MAC), Laura Vidal (ARG), Mark Hancock (GBR), Patricia Giampa (BRA), Patsie Leaning (GBR), Shinichi Miyazaki (JPN), Doris Chan (CHT), Tim Williams (GBR), Claudia Albuquerque (BRA), Emma Booker (GBR), Tom Crossland (GBR), Nial Devlin (GBR), Dabiel Kriz (USA), Suzie Lemmey (GBR), Sondra Marshall (USA), Ana Garduno (MEX), Jade Redfearn (GBR), Mikala Saccoman (USA), Laurie Shank (USA)

INAS Medical Committee

Chairperson - Catherine Fayollet (FRA)
Ralph Belig (FRA)
Piera Marchettoni (ITA)

INAS Nominations Committee

Chairperson - Tracey McCillen (GBR)
Anika Walther (SWE)
David Ip (HKG)

INAS Athletics Committee

Chairperson & Europe - José Costa Pereira (POR)
Americas – Camila Aldeco (ARG)
Asia – Akihiro Inoue (JPN)
Oceania – Michael Thomson (AUS)
Africa – Kenny Kubayi (RSA)

INAS Basketball Committee

Chairperson - vacancy
Europe – Eren Yildirim (TUR)
Asia – Naoki Ogawa (JPN)

INAS Cricket Committee

Chairperson & Africa - Winston Stubbs (RSA)
Australia – Aaron Dragwidge (AUS)
Great Britain – Ian Martin (GBR)
South Africa – Eugene Jacobs (RSA)
India – Alphonse Benjamin (IND)

INAS Football/Futsal Committee

Chairperson – John Ball (GBR)
South America – Gustavo Caik (ARG)
Europe – T. Gräsberg/D. Lindsmyr/G. Engström (SWE)
Africa - Joseph Matlakala (RSA)
Europe – Herve Dewaele (FRA)

INAS Skiing Committee

Alpine Skiing - Riccardo De Infanti (ITA)
Nordic Skiing - Hideki Arai (JPN)
Fred-Gunnar Alun (SWE)
Hugo Mackowitz (AUT)
Ken Shimura (JPN)
Antonin Govitand (FRA)

INAS Swimming Committee

Chairperson – Dave Harman (ECU)
Americas – Celeste Sychterz (USA)
Europe – Ivan Volosach (RUS)

INAS Tennis Committee

Chairperson – Lesley Whitehead (GBR)
Americas – Jon Sarosiek (USA)
Europe – Linda Goffings (BEL)
Oceania – Jay Schuback (AUS)
Africa – Mohamed Abdelsattar (EGY)

INAS Rowing Committee

Chairperson - Paola Grizetti (ITA)
Europe - Lutz Buhnert (GER) & Natalie Campbell (GBR)
Asia – Kim Fay Ho (HKG)
Americas – Patrick Johnson (USA) & N. Santa Rita (BRA)

Other INAS Sport Directors

Cycling - Rinus Verboom (NED)
Table Tennis – vacancy