

Festive Cycling Challenge

The cycling challenge will run from 1st December until 31 December

Winners will be decided based on the total distance the athlete covered during the challenge.

Separate leader boards will held for male/female athletes in the II1, II2 and II3 eligibility groups.







Festive Cycling Challenge



- The Cycling Challenge is open to all Virtus Athletes, across all sports.
- Cyclists must have access to a suitable road bike with safety equipment or a stationary bike

To register for the challenge:

- Step 1: Athletes must download and register with <u>Strava</u> a free performance tracking app.
- Step 2: Athletes should then complete the online form here. Use the link at the end of the form to join our <u>Virtus Strava Community</u> ready for the start of the challenge.

There is no fee to enter the competition, however each athlete must hold an 'Active' Virtus competition license. Licenses can only be renewed by your Virtus Member Organisation.

- Athletes must hold a minimum of a Virtus National Eligibility.
- As the competition cannot be judged in the normal way, athletes entering do so in the spirit of fair-play and fair competition.



of the European Union