

FFSA

Para Nordic Skiing Regulations 2024-2025 Waxing Charter

Introduction

The implementation of this charter aims to achieve the following objectives:

- To allow athletes to compete based on values that are closest to their individual potential.
- To make competitions and selections less dependent on waxing.
- To allow coaches to refocus their work on coaching.

This charter considers the new regulations from the International Ski Federation regarding fluorine-containing waxes; (FIS - common Para Nordic regulations - October 8689 edition - paragraph 888; 4)

Events Concerned

This charter applies to all events in the national and international calendar.

It may also apply to other competitions by decision of the race committee (e.g., selective competitions at the beginning of the season, etc.).

Rules

This charter is an integral part of the competitions mentioned above.

It must be signed by the head of delegation of the delegation and one staff member responsible for athletes participating in the competitions mentioned above.

Before the first event, the National Para Nordic Skiing Sports Commission of the French Federation for Adapted Sports collects the signed charter from the various responsible parties.

For each competition, the race committee can make all decisions regarding the application of this charter.

All team leaders (head of delegation, coaches) may attend the race committee.

Each athlete must be represented and is presumed to have been informed of the decisions made by the race committee.

No complaints will be accepted regarding lack of knowledge of the decisions made in the race committee and any modifications that may have occurred in the waxing charter.

Organization

A single waxing protocol will be organized for all freestyle race.

The protocol will be as follows:

Glide Wax: The products applied are validated by the race committee.

1. Cleaning: A cleaning product is applied first.

2. Waxing: A single application per race (using an iron at the temperature recommended by the manufacturer), with scraping or the application of a liquid wax.

Only waxes that comply with the FIS regulations will be used.

Grip Wax: The only grip waxes allowed are those that comply with FIS regulations. When grip is obtained by means other than wax, the exclusive use of liquid products at 0° or similar liquid products is permitted.

To facilitate controls, teams should set up their tents or waxing tables in an area close to the start or finish line.

A closed park waxing system is set up. The racing will be deposited in the closed park one hour before the start of the race. The skis, once prepared, remain in a closed zone and are only retrieved by the athletes at the start of the race.

Controls and Sanctions

A random check may be carried out by the official bodies (VIRTUS, FIS, FFS) at any time during all races of the competition.

The jury members can inspect the skis at any time to ensure compliance with the waxing charter and the decisions made by the race committee.

Any violation identified by the jury, even after the race, may result in an immediate sporting sanction such as disqualification. Team leaders responsible for a selection may also decide to exclude the affected athlete(s) from any national or international selection.

The Technical Delegate may, depending on the situation, write a report and request the immediate involvement of the Federation's disciplinary commission to take the necessary actions.

No athlete will be eligible for international selection if the equipment used has not been prepared under the responsibility of the coaching staff and in compliance with the waxing charter.

ENGAGEMENT OF THE SIGNATORIES

To be signed and submitted at registration or at the first race committee.

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| <p>Head of delegation</p> | <p>I, the undersigned (first name, last name) certify that I have read and understood the content of the waxing charter and the competitions concerned.</p> <p style="text-align: center;">Read and approved.</p> |
| <p>Coach</p> | <p>I, the undersigned (first name, last name) certify that I have read and understood the content of the waxing charter and the competitions concerned.</p> <p style="text-align: center;">Read and approved.</p> <p>ċ</p> |